



# POLICE FAMILIES WELFARE SOCIETY (PFWS)

DELHI POLICE

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## PFWS NEWSLETTER



Message from

**MRS. PRATIMA SHRIVASTAVA**, PRESIDENT, PFWS

Congratulations to the PFWS team for releasing the first quarterly newsletter. It highlights the commendable efforts by our Welfare Team for police personnel's families as well as for the community. To give back to the community and help to prevent Corona Virus, we distributed Masks, Sanitizers, Food items, Dry ration, Soaps and other essentials to people. Also, sincere thanks to all our welfare teams for putting in their best during the lockdown and helping the needy.

I will encourage all PFWS members to actively participate in the welfare activities.

I also wish Mrs. Jyoti Chahal and her team the very best for the future.

Warm regards



Message from

**MRS. JYOTI CHAHAL**, CHIEF CO-ORDINATOR, PFWS

I would like to thank all participants of various activities of PFWS and their families too. Here ladies and children need special appreciation for their various training under PFWS like Yoga, Aerobics, Tailoring and Beautician Course, etc. along with fulfilling their family responsibilities.

PFWS is a small initiative for the wholesome development of Delhi Police families in areas such as health, sports, counselling, yoga, self defense, dance, etc.

I would like to thank hon'ble President PFWS, Smt. Pratima Shrivastava and all other members of PFWS.

We will continue to move ahead with all our sincere efforts for a better and brighter future of PFWS.

Thank you all.



Message from

**MR. ASIF MOHD. ALI**, DCP/WELFARE & SECRETARY, PFWS

It is very heartening that our President PFWS, Mrs. Pratima Shrivastava has initiated the meaningful practice of issuing Newsletters for every quarter of the year. We should wholeheartedly make this Newsletter very attractive and newsworthy.

Best wishes to Welfare Team.

### A NEW VISIONARY LEADER TAKES CHARGE WITH NEW ENTHUSIASM







**MRS. PRATIMA SHRIVASTAVA  
PRESIDENT, PFWS  
visits  
WELFARE CENTRE  
MALVIYA NAGAR**

On 14.03.2020, Smt. Pratima Shrivastava, President, PFWS visited at Police Colony Malviya Nagar and interacted with the residents of PC Malviya Nagar. Smt. Jyoti Chahal, Chief Coordinator, PFWS, Team Leaders Smt. Manisha Bhatia, Smt. Namrata Singh, Smt. Neelima Singh and DCP/South District as well Addl. DCP-Cum-Welfare Officer, South District were present. The suggestions/grievances put forth by the residents were considered for redressal.



**A VISIT TO PFWS STALL**



On 14.03.2020, Smt. Pratima Shrivastava, President, PFWS visited the 'Swayam' Stall at Baba Kharak Singh Marg, New Delhi. DCP/New Delhi alongwith Addl. DCP/NDD were also present. The President, PFWS has given her valuable suggestions regarding maintenance of the stall and products. Thereafter, hand sanitizers and masks were distributed among the police personnel.



**REACHING OUT THROUGH  
IPSWWA & PRAGYA**

In our fight against Covid-19, PFWS has donated 1000 Hand Sanitizers to IPS Wives' Welfare Association (IPSWWA) and 1000 to Pragya for distribution among the needy people to prevent the spread of Covid-19.







# INAUGURATION OF **SANITIZER PRODUCTION UNIT** AT NEW POLICE LINES BY **MRS. PRATIMA SHRIVASTAVA**, PRESIDENT, PFWS

**D**elhi Police is constantly performing their duties in fighting against the pandemic caused due to novel Corona Virus (COVID 19). But, they need care too. PFWS is doing its duty to safeguard the Delhi Police personnel and their family members from the threat of COVID 19. Under the guidance of President PFWS, Mrs. Pratima Shrivastava, Police Families Welfare Society is making Masks & Hand Sanitizers to distribute among the Delhi Police personnel and their family members free of cost in order to fight against the deadly novel Corona Virus (COVID-19). The masks are being prepared at PFWS Skill & Production Centre, Model Town. A dedicated and trained staff has started production of Hand Sanitizers at the Hand Sanitizer Production Unit at Welfare Centre New Police Lines exclusively for the police personnel and their family members.



## PRODUCTION OF MASKS & HAND SANITIZERS





## A SALUTE TO THE COVID 19 WARRIORS OF DELHI POLICE

On 15.04.2020, President, PFWS, Smt. Pratima Shrivastava got organized a food and necessary supplements Distribution Programme in one of the police stations in Delhi namely Kapashera in South-West district. The entire staff of police station alongwith outside CAPF personal were provided with following items:-

- 1) A nutritious lunch pack,
- 2) A set of soaps both for personal hygiene and washing,
- 3) Sanitizers and Masks,
- 4) Rejuvenating drink and Chocolate /Chunky Bars.

This was followed by another food distribution of nearly 1000 packets among the most needy migrants labourers living in the area of Gali No. 4 near Mansa Ram Public School and Church Wali Gali near Appu Ghar, in the jurisdiction of P.S. Kapashera. They were also given additional bathing and washing soaps for hygiene purpose.



## IMMUNITY BOOSTER DRINK KASHAYAM FOR FAMILIES OF DELHI POLICE

Focusing upon health awareness apart from other issues, PFWS in association with Legal Rights Council-India (NGO) had conducted a city wide programme from 04.05.2020 to 14.05.2020 for systematic distribution of Ayurvedic immunity drink, i.e. Kadha (decoction) also known as “Kashayam” to police families of Delhi Police Personnel residing in Police Colonies. Nearly 9000 members of police families had the opportunity to take the drink and learnt its recipe. The consumption of this immunity booster drink will help the police families to maintain a good health to fight against Covid-19.



## PRESS COVERAGE

**PRESIDENT, PFWS ORGANISES FOOD AND NECESSARY SUPPLEMENTS DISTRIBUTION PROGRAMME**

By Mail Today Bureau in New Delhi

Pratima Shrivastava, president, Police Families Welfare Society (PFWS) organised a food and necessary supplements distribution programme in Kapashera police station in south-west district in Delhi. The staff of police station along with outside CAPF personnel were given a nutritious lunch pack, a set of soaps both for personal hygiene and washing, sanitizers and masks and rejuvenating drink and chocolate/chunky bars.



This was recognition of hard work and professional commitment shown by the Delhi force which stands united in the fight against Covid-19 pandemic. It is the responsibility of Delhi police in ensuring the right balance between ensuring complete lockdown as mandated by central government and maintaining essential supplies...

**प्रतिमा श्रीवास्तव ने बांटे मास्क**

नई दिल्ली, (पंजाब केसरी) - नई दिल्ली में पुलिस वरकों को कोरोना वायरस के प्रति पुलिस फैमिली के सदस्यों को सुरक्षा के लिए आवश्यक किताबें बांटे जाने की अवसर पर प्रतिमा श्रीवास्तव ने पुलिस फैमिली को मास्क और सैनिटाइजर बांटे। इस अवसर पर उनके साथ बेलफोर कोवार्ड की चंदा शरण चौधरी भी थीं। प्रीमिअर श्रीवास्तव ने कहा कि कोरोना वायरस से रक्षण के लिए साफ सफाई और प्रतिमा श्रीवास्तव ने कहा कि मास्क बांटे जा रही हैं। दिल्ली पुलिस के लिए से पीएफएस के मास्क बांटे जा चुके हैं। इसके अलावा विभिन्न जिले के अधिकारियों के घरों में कोवार्ड की से सैनिटाइजर बांटे गए हैं।

**RELIEF MEASURES**

A food and necessary supplements distribution programme in Kapashera police station of South West district was organised under the guidance of Pratima Shrivastava, President, Police Families Welfare Society (PFWS). Police station staff along with CAPF personnel were provided with sanitizers and masks. This was followed by another food distribution of nearly 1000 packets...

### पुलिस के जवानों को दी गई ट्रीट



■ विस, नई दिल्ली : कोरोना संक्रमण के बीच इयूटी निभाते में जुटे दिल्ली पुलिस व अर्धसैनिक बलों के सुरक्षाकर्मियों की सहायता के लिए भी कई लोग और संस्थाएं आ रही हैं। इसी क्रम में बुधवार को पुलिस फैमिली वेलफेयर सोसायटी की अध्यक्ष प्रतिमा श्रीवास्तव ने सोसायटी की तरफ से साउथ-वेस्ट डिस्ट्रिक्ट के कापसहेड़ा थाने में वैनात पुलिस के तमाम स्टाफ और वहां रह रहे सेटल आर्म्ड पुलिस फोर्स के जवानों के लिए खाना और

### प्रतिरोधक क्षमता बढ़ाने के लिए एनजी ड्रिंक



पुलिस वेलफेयर सोसायटी ने शुरु की पहल

■ नई दिल्ली, (पंजाब केसरी) कोरोना जैसे घातक बीमारी के प्रकोप के बीच फ्रेट सलान पर काम कर रहे दिल्ली पुलिस के जवानों के लिए दिल्ली पुलिस की पुलिस वेलफेयर सोसायटी (पीएफएस) ने कई पहल की हैं। जो हा सोसायटी की अध्यक्ष प्रतिमा श्रीवास्तव ने सोसायटी जल्दबाई का भी खास ध्यान रखा है। इसी क्रम में सोसायटी ने लंबे, मॉडर्न टाउन और ड्राका में स्थित अपने कुल केन्द्र पर सूती कपड़े के मास्क बनवा रहे हैं। अब तक साढ़े 22 हजार मास्क पुलिसकर्मियों और जल्दबाई को बांटे जा चुके हैं। इसके अलावा विभिन्न जिले के अधिकारियों के घरों में कोवार्ड की से सैनिटाइजर बांटे गए हैं।

### फारिश्ते जमीन पर... पुलिसकर्मियों का बढ़ाया हौसला



नई दिल्ली, (पंजाब केसरी) अपने स्वास्थ्य और जान की परवाह किए बिना कोविड-19 से लड़ रहे दिल्ली पुलिस के जवानों की पुलिस फैमिली वेलफेयर सोसायटी की अध्यक्ष प्रतिमा श्रीवास्तव ने होसला अफजाई की। उन्होंने दक्षिण-पश्चिम जिले के कपसहेड़ा पुलिस स्टेशन में पोचन और आवश्यक सामग्री वितरण कार्यक्रम का भी आयोजन किया। पुलिस स्टेशन के सभी कर्मचारियों को एक पोर्टेबल लंच पैक। सब्जु का एक सेट, सैनिटाइजर, मास्क पर्सनल ड्रिंक बांटी। कोविड-19 से लड़ते में प्रतिमा श्रीवास्तव ने एक परिवार के रूप में दिल्ली पुलिस के सभी कर्मियों का आभार व्यक्त किया। इसके अलावा प्रतिमा श्रीवास्तव ने गरीब जरूरतमंदों को लगभग 1000 पौजन के पैकेट भी वितरित किए।

### Immunity drink distribution drive by police society ends

**STAFF REPORTER ■ NEW DELHI**

The Police Families Welfare Society (PFWS) immunity drink distribution programme concluded on Thursday at Sarai Rohilla Police Colony in the national Capital. The PFWS has started immunity drink distribution on May 4.

PFWS, President, Pratima Shrivastava, along with Manita Gupta, Sapna Kumar and Monika Bhardwaj, the Deputy Commissioner of Police (DCP), North district, were present during the occasion.

"Nearly 9,000 members of police families had the opportunity to take the drink and learn its recipe," TV Madan Kumar, the President of Legal Rights Council and Secretary, Raj Laxmi Mandal and were handed over appreciation letters on behalf of Pratima Shrivastava along with a gift containing masks and sanitiser being made by PFWS along with the memento mug and koshik-ek-asha magazine, said a PFWS official.

"In an escalation to its commitment the PFWS, in association with Legal Rights Council-India is focusing upon health awareness apart from other issues and it has undertaken a systematic distribution of Ayurvedic immunity drink, i.e. Kadha (decoction) also known as "Kashayam" to Police families of Delhi Police Personnel residing in Police Colonies," said the official.

"The programme was launched on May 04 at Welfare Centre in Jagat Puri Police Colony. A huge quantity of decoction that is nearly 80 litres was prepared on each day from raw materials containing 400 grams of cinnamon, 1.5 kg of black pepper, 1.75 kg Ginger, 6.5 kg jaggery, and 1kg lemon, apart from Tulsi leaves," PFWS official said.

**PFWS DISTRIBUTES COTTON FACE MASKS AMONG DELHI POLICE PERSONNEL**

In the ongoing Covid-19 pandemic scenario, the Police Families Welfare Society (PFWS) under the leadership of its President Pratima Shrivastava has undertaken a number of initiatives in order to strengthen the overall Delhi Police response. One of them was production of stitched cotton standard face masks at its skilful centres situated at Narela, Model Town, Ahata Kirtiara and Dwarka. So far 22,500